Day 1, Handout 1

Patient statements

Applying the communication skills training to clinical practice

### Statement 1

*“I really do want to give up, but it’s just not something I can take on right now.”*

### Statement 2

“*I just don’t think I will be able to manage, I find it really helps me cope with stress.”*

### Statement 3

*“I am willing to speak to you, but I can’t make any promises.”*